

Teachings Of Michael
A Message from Michael

Are you Open?

From the Archangelic Realm of Michael this is Michael and We come to you now as you are moving into the depth and breadth of your heart and opening to the grandness of self, the openness of self. To each and everyone of you: are you open in your heart space? Are you open to receiving what is transpiring in your life? Are you open to receive that which others are giving to you?

As you move on the pathway into we consciousness, We ask you, how open are you to move into we consciousness? Is your heart space open to receive love? Is your heart space open to receive others as they are on that pathway and giving what they are giving to the world?

We come to you to ask the question, are you open? How open are you? How open is your heart space? How open is your heart space to receive love from others? Upon receiving love where does judgment and shame of self come in? Many of you are now questioning how open you are to receive love?

Each and everyone one of you has experienced a myriad of modalities, many different types of personal processes and garnered concepts to move through the old entrainment of the nervous system. You have done this to see your conditioning and move through the old trauma to open to the feelings that arise as you move through the personal process.

You are now moving to the precipice of the life you say you want. Each and everyone of you has a life you say you want. You are living the life you want, and the reason you have undertaken the personal process is to move through that which has led you to live the life you have right now. So We ask you, what is the life you say you want because you are ready to have this life? It is important you refine and define the life you say you want. You have come to this moment in time. The reason why you have entertained the processes that others have given to you where transformation can take place, where inspiration can take place, where motivation can take place is because many of you see the life you are having now and realize change is imminent and must take place.

The only way that change can take place is if you are open in your heart space to create that change. If you are open in your heart you can receive what you need to receive to create the change in your life so you can move and have the life you say you want. The only way you can have the life you say you want is if you open up the depth and breadth of your heart to begin to receive love to create a more intimate aspect of your life with yourself and others. This is done in transparency and authenticity. The only way

transparency and authenticity can come to fruition in your life is when you open your heart to receive love.

So We ask you, are you ready to receive love? Are you ready to receive others? Are you ready to be the champion of you and with the openness of your heart space, champion others and see their greatness? If you are judging and shaming those outside of you, always thinking that you know everything in your defense, always thinking that you have the answer, ask yourself, how open am I to receive another's greatness?

An aspect of the life you say you want is to give your greatness to the world. So We ask you this question, are you open to receive another's greatness? If you are moving on the pathway to give your talents and gifts to the world with the intention that others will receive them, are you open to receive the talents and gifts of others? Or, do you stand in the blind spot of the defense thinking that you have all the answers, thinking that you know everything? When in your blind spot, are you thinking that everything revolves around the wounded little child?

We come to you at this most important time to make you aware of this. We ask you, are you open to receive from others? It is your intention as you walk on the path into the unknown with your talents and gifts as the new age spiritual way shower and light worker, that others receive your message as you give your message that is part of your purpose and mission in your soul fragment's divine plan. So We ask you once again, how open are you to receive from another?

As you move on your pathway resonating and vibrating at a certain resonance and connecting with others that are resonating and vibrating at a specific resonance that is similar and akin to yours, are you open to receive them? Or do you create a barrier of separation and isolation? Are you truly looking to move into community, harmony and equality? So We ask you, where, when in the blind spot of your defense, may there be a barrier that you set up based upon your defense pattern? Is there a barrier that you set up with others? Might it be the wall that holds you in place and shutting off your heart space at that certain point to keep you isolated and separated?

As you come to us and We come to you at this wonderful and most glorious time, We ask you, how open are you? Can you move past the barrier that is in your unconscious mind? In the unconscious mind through the conditioning of the ego defense that fights to the death to keep the old in place, where are you still keeping the old habits, patterns and rituals in place that create the barrier in your heart space? The barrier is not in your mental body. The mental body through the conditioning of the old defense, creates the barrier in your heart space. Is this barrier still present?

In order to move into full transparency and authenticity, can you be authentic to realize that you are still creating a barrier in your heart space for protection that creates isolation and separation? Where may you still be protecting yourself? This is the line of defense of

protection in your heart space that protects you, the wounded little child from the wrath of mom and dad. Thus the wrath of others who you may think are coming towards you. This is actually a part of the conditioning in the mind, the unconscious mind. It all resides in your mind. It is now about seeing what you are creating from your unconscious mind that sets up the barrier in your heart space.

So We ask you, are you open to receive what others are bringing to you? And through discernment deciding what is important for you to receive and what isn't? Yet, receiving what is necessary because in that moment in time if in fact you are entraining yourself to another's modality, you are there to receive what you need to receive. Be aware when the barrier comes up, whatever that may be for you.

So We ask you, how open are you to receive love?

By asking How open are you, this is just another tool. It is most important to understand that if you are moving to the next level in your soul's life purpose it is important to utilize the heart space to remain open in celebration of others. Another question to ask is, how much do I celebrate me? How much do I celebrate my uniqueness, my talents and gifts and who I am? If in fact you are celebrating you, honoring and valuing you and loving you, that are the basic principles of our teachings, you will the begin to release the judgment and shame of this so you can celebrate another whether it resonates or doesn't resonate.

If in fact you are open to other modalities, be careful when you move into the mental body and the judgment and shame appears. Then the mental body through the old ego defense will begin to ask many questions. You then remain in the mental body and the cycle of the old habits, patterns and rituals begins.

You are moving from having to experience everything to resonant causation, what resonates or what doesn't resonate. So when you encounter another who is in their highest good and resonance, giving their talents and gifts to the world, are you open to be in a place of neutrality to receive what they are giving? And then through discernment ask yourself, what resonates and what doesn't?

Know, it doesn't matter what doesn't resonate because it is about your focus of attention when it comes to resonance and non resonance. Do you focus on what resonates or what doesn't resonate? If in fact you begin to focus on what doesn't resonate you then move into your mental body that conjures up judgment and shame then moves you back on the hamster wheel of your old habits, patterns and rituals. Then the old ego defense is in its glory.

It is about moving in resonant causation to what maintains a higher level of resonance. The old ego defense wants to maintain the lower level of resonance which is the judgment and shame and drama and glamour.

When you encounter another through your discernment of the open heart and remain in your heart space with love for another that is based upon the value you have for you, how much you love you and see your talents and gifts, and honor and value you in the highest resonance, you will then be able to see another in the same light. Then, in the openness of your heart space you can receive what they are giving. Then in resonant causation ask, what resonates and what doesn't? In that moment you have a choice. In the openness of your heart ask, do I focus and place my attention on what doesn't resonate? Thus possibly triggering your old defense patterns of drama, glamour, isolation, separation. And then utilizing what doesn't resonate to separate yourself from the greatness of another, that separates you from the greatness of you. Or do you choose to focus on what does resonate that perhaps raises your resonance and vibration and gives you an insight into something you may not know? This is the underlying reason why you have chosen to be in community, harmony and equality with another who is giving their talents and gifts. It is in your soul's divine plan that you are attending this seminar or this workshop because your soul says, open, receive. Receive what is necessary for your growth process to move forward and toward in life. You will resonate with aspects of it, if not all of it. You might not resonate with an aspect of it or perhaps all of it. Yet, where is your focus of intention and attention? Is it your intention to focus on what doesn't resonate so you can remain in isolation and separation and focus on what doesn't resonate? Thus triggering the old defense patterns of judgment and shame and keeping the drama and glamour in place. Or can you focus on what does resonate? Thus receiving in the openness of your heart what you needed to receive in that moment that will assist in your growth process, your ascension process. Thus remaining in a high vibrational state that champions the highest good of another and yours as well.

It is important, if you choose to take the next step in the evolutionary process in your soul's divine plan, that you remain open in your heart space. Then begin to move from the mental body to the heart space and utilize discernment with resonant causation.

Is your focus on joy?

Write down your definition of joy.

When you do this be with your feelings.

Where does your resonance move?

Is it a high vibrational resonance or is it a low vibrational resonance?

When you write down your definition of joy where does your resonance move in your heart space? You will then have a good indication of where you are.

Joy is a state of being-ness

Does joy resonate for you?

Or, does it not resonate for you?

