

# *Teachings of Archangel Michael*

## *Channeled by Jeff Fasano*

### *The Importance of the Personal Process and The Quantum Effect in Collective Consciousness*

*As you move along on the pathway of self mastery, it is important to continue a personal process to help release old behaviors, patterns and attachments that keep you from growing and remaining in the old of your life. When doing so you are making an agreement to take responsibility for yourself so that you can honor, value and love yourself in order to live your divine plan and serve the world.*

*Doing your inner work in a personal process raises your resonance and vibration. If everyone does this the level of resonance and vibration will raise in the collective consciousness.*

*In your process when you become aware of a blind spot within you and you see it with love and begin to shift it, what transpires is your resonance and vibration raises. It is an awakening, you awaken to aspects of yourself that you did not know. You then see how you can interact with others in community, harmony and equality. The quantum effect in collective consciousness is the resonance and vibration raises.*

*As each and everyone of you do this individually you begin to take responsibility for yourself in a greater way. You then can serve, help, guide and support others to do the same. As you practice this it affects the collective consciousness and creates a new chain. When many begin to raise their level of consciousness through a personal process it will create a quantum shift in the collective consciousness.*

*As you move into a deeper personal process, your relationship with the world outside of you will shift and change. You release your attachments to it and then the old myths and illusions of it will release.*

*When you look within you become aware of your old myths, illusions, behaviors and conditioning. You will then see where you have placed an inordinate amount of energy on them to keep the old alive. As you release lending energy to old habits, patterns, behaviors, myths, and illusions, they will die. And you will feel that death energetically in you. And feel the feelings that come with this.*

*In the microcosm, when you release lending energy to your old behaviors, habits, patterns and rituals, and lending energy to the old defense to perpetuate it, the old behaviors die. There are parts of you within you that will die.*

*As you do the inner work in your personal process to reveal your myths and illusions, you then begin systematically one by one to release your attachments to the old myths and illusions of the world outside of you. When you release this energy the old will then begin to die. The deeper you go within in your personal process, myth, illusions and attachments to the old world outside of you will release.*

*In your personal process you are opening your heart by releasing the low dense energy of wounding that surrounds your heart. As you do this you raise your resonance and vibration and you then commune with others who are doing the same. The quantum effect of this in the macrocosm is the vibration and resonance will raise within the collective.*

*As you release the wounding around your heart space, you open your heart to receive and be more present in the moment. You then begin to feel this.*

*This is the importance of the personal process. Many may deny the importance of the personal process and choose to remain in the illusion of the old outside of themselves. Will You?*