

A Message from Archangel Michael
Channeled by Jeff Fasano

A Pathway of Expansion

From the Archangelic Realm of Michael this is Michael and We come to you as many of you are moving on a new pathway and opening up to the greatness of life and expanding your awareness of life. Many are expanding your awareness to yourself and thus in turn expanding your awareness to life outside of you. As you continue the movement within in your inner process and expand your awareness and consciousness to self this translates in expanding your awareness and consciousness to life outside of you in the world. In this process you release the attachments to the third dimensional realm outside of you and expand your awareness as to what is transpiring in the world. You then begin to expand yourself to the wonderfulness and greatness and powerfulness of life. As opposed to what is transpiring in the old world of form.

As you expand the awareness and consciousness of self the shift that takes place is in meaning, value and purpose. By moving into the depth and breadth of your heart space and expanding your heart, opening your heart, this expands your energy field. You move from being constricted by removing the chains around your heart as you release the wounding around your heart. When you do this your heart expands and opens. Thus your vision of the world expands and your vision of life expands as well. You then move into a realm of greater possibility and probability that is based in meaning, value and purpose and in direct connection to your soul's divine plan and your purpose and mission.

You are extracting yourself from the old world of form outside of you by releasing your attachments to it. You can now bypass it by releasing reacting to what is transpiring in the third dimension outside of you and it having a direct affect on you.

You can now connect multi-dimensionally in the new vortexes and portals of energy that are opening during this ten-week period of time. You can bypass the old world of form in the third dimensional realm and connect multi-dimensionally to the God force, the Christ consciousness and allow this to guide your life.

You are realizing the myth and illusion of the third dimensional realm. By seeing this you can see the myth and illusions within you through your conditioning and what you have been taught.

As you release the myth and illusion that you have created through your conditioning and release your attachments to the old world of form, you can begin to create a brand new life for yourself that has nothing to do with the old world of form outside of you. You are no longer reacting to what is transpiring outside of you in the world. You are moving within and no longer reacting with fear and struggling

to survive. You are now living an unbridled life that is based upon the direct connection that is the God Force, the Christ Consciousness. This allows you to ignite your passion to bring your teachings, modalities and endeavors to the world that can enlighten others.

What you have moved through in your personal process, in your inner work is releasing the constraints and chains around your heart and breaking the chains in your life. By doing this you can support and guide others to do the same. This is your mission and purpose in this lifetime.

You now can shift from the old paradigm of looking outside at the illusions of the third dimensional realm, the world of form. By realizing that, each individual as they move within in a personal process and unlock the chains around their heart, the constrictions around the heart, can open and expand their heart to themselves and to the world outside. Thus knowing they can connect multi-dimensionally to the God Force, the Christ Consciousness, and multi-dimensional energies. They can then guide and support the lives of others who are realizing that the old world of form no longer resonates or makes sense any longer.

Vortexes of energy are opening on your earthly plain that are portals to multi-dimensional energies. You now can connect to these multi-dimensional energies that are a direct connection to the God Force, the Christ Consciousness. You then can utilize these energies and bypass the third dimensional world outside of you.

It is now important to see if you still have attachments to the old world of form outside of you where you believe what is transpiring outside of you and move into fear in reaction to what you are told is happening out there.

Are you now moving into a greater truth within you into your powerfulness and your greatness? Where you can shift the old paradigm to change it and create a new paradigm, this paradigm being you. It is the openness of you and your heart space.

As you move within and expand your heart space by releasing the wounding from around your heart you open to all that is available to you in your universe. The way in which this transpires now is by directly connecting to the energy of mother earth. You then become a conduit to that connection that has a direct connection to multi-dimensional energies. This is what these vortexes, portals are about.

The portal is directly connected to the energies of mother earth that is a grounding energy. It is the energy of compassion and acceptance. The energy of your earthly plain is raising and as it does the portal opens and you can become a direct connection to the God Force, the Christ Consciousness or multi-dimensional energies. Then based upon your mission and purpose in this lifetime which is shifting the paradigm of the old, changing it to love, peace and joy, into expansion as opposed to contraction. By reacting to what is transpiring in the old world of form

outside of you if in fact you take stock in it and believe it through your old conditioning, you are contracting.

As you release the wounding from around your heart and expand your heart space to yourself you then expand your heart to others. You then open the doorway to giving and receiving. Then your vision and perception of the world outside of you shifts and changes. Moving from reaction and contraction to love, peace, joy and expansion and inclusion of others. Moving from the me to the we.

As you do this you begin to shift the paradigm where it is no longer about contraction, it is about expansion. Contraction is struggling to survive. It is about expanding in life through the heart space.

As you undertake this through your personal process and open your heart to release your attachments to the third dimensional realm outside of you, you begin to release lending energy to the old world of form and begin to lend energy to the new paradigm. The new paradigm being expansion, love, peace, joy, community, harmony, equality and the we. You then can build your new soul family that is a direct reflection of you and your direction in your lifetime.

As you have moved into the depth and breadth of your heart and realized who you are, you are beginning to realize why you are here. Thus in this period of time you now can begin to examine aspects of your life. Are you still looking outside of you at the world and reacting to it and contracting into yourself? If you are, simply acknowledge it through compassion and acceptance.

Now you can begin to connect with others who are on a similar path as you and begin to share your experiences in the world for guidance and support so you can maintain the pathway of expansion. As opposed to contracting into the old belief system, you can maintain the pathway of expansion through the support and guidance of those who are on a similar pathway as you. Perhaps a spiritual pathway, an open hearted pathway.

We come to you at this time in the Ten Week period with this update, a period of examination. You now can begin to extract yourself from the old attachments to the third dimensional realm outside of you. Bypass it so you now can allow the God Force, the Christ Consciousness to lead your life.

When looking out in the third dimensional realm to see what is happening in your world, ask what resonates and what doesn't? When looking at the world you can use this as a barometer to see where you are in relationship to what is transpiring. You can see the truth of the world and how it relates to you and your pathway and your truth. You can then see your resonance and vibration in relationship to it. Many now look at the world as if it was from a distance because they have shifted their resonance. You may look at it differently now because you are no longer a part of it. Your resonance and vibration has shifted where you are no longer an attraction

of that energy. Due to the inner work you have done and your connection to the God Force, the Christ Consciousness, to divine realms, your perspective of the third dimensional realm has shifted. In this process you have created a new perspective based upon truth.

Are you celebrating life or looking at it as means to an end?

Are you seeing the gift of life, the wonderment of life and allowing yourself to shift into this?

Do you see life as a pathway to death?

Do you see it as a pathway to getting older then dying?

Or do you see it as expansion from your heart?

Are you seeing it through love and expanding the self?

You are shifting from moving through life to eventually die, waiting for the end to living your life in a process of ever expansion. This is a process of opening your heart and expanding on the pathway.

Expansion is expression.

Expression is expansion.

See if there is something you would like to express that you may be suppressing. This is energy you have suppressed. It has constricted your physical being, mental being, emotional being and quite possibly created dis-ease. You are constricting the natural flow of energy of expansion. Contraction and expansion.

When you express yourself you are releasing energy out into the world and no longer holding onto it. It is allowing yourself this expression through your creative energy. Releasing the energy inside of you and expressing it leads to creation.

Perhaps a creation of a new endeavor, a new life or a new you.

As you express an idea, a feeling to another, they can respond to it and creation can begin.