

**A Message from Archangel Michael
Channeled by Jeff Fasano**

**Outlook April 2016
Surrendering**

From the Archangelic Realm of Michael this is Michael and We come to you as you are moving into a new time period. You have exited the third month of your year and moving into the next phase of your year of 2016. You are living your life on a month to month basis in 2016 so you can be present in the present moment. You have exited your last month in the first quadrant of 2016 and moving into a month and a time period to begin to surrender. Beginning to surrender to yourself, letting go looking outside of you and surrendering trying to control everything. Letting go of looking for the next step, and the answer. It is about opening your heart space and surrendering to what is transpiring in your life, not so much to what is or what isn't but surrendering in the moment of now.

Now that you have formulated what you say you want, some are beginning to experience what they say they want. It is now about surrendering to the moment and the momentary process. Surrendering to the process of now. If aspects of what you say you want have entered your life it is now time to begin to have them. Throughout your year there will be periods of time where you will be seeing and having glimpses of what you say you want. For many this has transpired in one way, shape or form as you move deeper within the soul self.

As you move into the month of April it is about surrendering so you can re-birth to the new. In order to birth or re-birth into something new it is not necessarily done with an assertive force. You surrender in the moment and the re-birth begins. Your month of April will be about surrendering and re-birthing the new. Quite possibly a new relationship you are beginning. Quite possibly the new relationship you are having with yourself.

As you move on a month-by month basis shifting the inner aspects of yourself, learning more deeply about yourself, each month is not so much about learning more though you will continue that process, you are releasing more. In this month of April you are putting into practice what you have learned about yourself and moving forward with that knowledge and with what is transpiring in your life and beginning to surrender to have it.

Throughout your year of 2016 you will find that there will be periods of time of surrender in order to receive and have what is transpiring in your life. That is what this month of April is for. Surrendering to have what you say you want so you can re-birth yourself to the new as you propel forward into it. This is what is transpiring as you move forward in 2016 moving towards fully having what you say you want.

You can now look at what is important to you.

You have moved through the first three months of 2016. At the beginning of the year you had an idea of what is most important to you. As you have moved through 2016 releasing the old in your life and quite possibly garnering the new, seeing new behaviors and releasing old behaviors, you can move into this month and begin to put into practice the new.

Many have realized the deep imprint of mom and dad. Many have realized the old habits, patterns and behaviors and now come to a point where they are ready to shed that. As you move into the month of April, by surrendering you will be able to shed the old and move into the new and rebirth an aspect of the new you.

Each and every one of you has discovered aspects of yourself that relate to the old. There are aspects of what is transpiring in your life right now that relate to the old. Some of you have uncovered this and realize it no longer serves you. Old behaviors no longer serve you as you move out into the world with your list of what you say you want in your hand. When you look at your list you realize through this process that you can begin to actualize what is on that list by releasing the old behaviors, old conditioning from mom and dad and what you were taught by them and learned. By doing this you can actualize and begin the re-birth of the new you.

Through this you are gaining new value of you. Gaining a greater value of you in your endeavor and a greater value of your endeavor so you can facilitate and create the endeavor. What has been transpiring in the first three months is that many are gaining a greater sense of who they are. Thus gaining a greater value of who they are and a greater value of themselves within their endeavor, thus a greater value of the endeavor. Many are now moving, rising, and standing up for themselves and in that process speaking their truth and expressing themselves more than they have done before. All because they are beginning to value themselves and who they are more deeply.

As you move into a greater depth of valuing who you are you will then realize that what will transpire and come to you is what you say you have always wanted. This is what has been transpiring in your first three months of 2016. As you move out of this quadrant into your month of April you can begin to surrender to have and receive what has transpired and continue the movement forward.

The energy that coincides with this that will allow you to surrender is an aspect of the Sirian energy. Many will relate to various colors of blues and white. You are moving into the softness of surrender. You are moving out of a period of assertion into a period of surrender. What might transpire as you surrender based upon the feminine energy within the Sirian energy is your definition of surrender. You can look at this as well. If I surrender will I cease being assertive?

What is transpiring as well is your relationship to the feminine energy and the masculine energy at the same time. If I surrender will I cease moving forward and towards? Will I cease being assertive? It is about surrendering to have what you say you want, to receive love that is assertive unto itself. I am now surrendering to open my heart to receive what is transpiring and quite possibly what has manifested in my life and to receive love. As you receive love this is assertive in its own way. You are acting and opening to receive. By surrendering to receiving, you are acting and thus putting into action a combination of the masculine and feminine energies.

This is what your month of April is about. Rebirthing is an assertive energy. Surrendering is a feminine energy, a receiving energy. What will transpire in this month as well is a balance of giving and receiving. We ask you to see if there is a balance of giving and receiving in your life. Is there is a balance of the male and female energy in your life? You will also see where old habits, patterns and rituals will come up in regard to both energies.

As you move through your month of April, the energies from the Sirian vortex will move in to assist you in surrendering but continuing on your pathway of moving forward and toward.

Different energies will move in monthly throughout the year to assist you. Your month of April is about surrendering, re-birthing, receiving and giving in balance. You are surrendering to integrate and receive what it transpiring in your life.

As you move on a month by month basis throughout your year the process is quite simple. You can allow yourself to move into the simplicity of it so you can move through the complexity of you. If you allow yourself to surrender, quite possibly releasing trying to control what is transpiring in your life, in this simple process you might reveal the complexities of yourself.

Surrendering to what is Transpiring in Your Life

You might say, "Michael, I am having a challenge understanding what surrendering is?"

Can you surrender to that not knowing and allow the knowing to come as you begin to surrender?

For example, you may have moved to a point in relationship with another and not quite sure of anything perhaps and this filters into your mental body. You feel as if you are constantly moving in the same direction with this person. Quite possibly you can surrender to what is transpiring so you can begin to release it and allow what you need to know to come in behind this.

If you have written down the list of what you say you want and look at it and the consistent question is "how" will all of this come and you continually focus on how it will come, this is a form of trying to control that so you will know how it will come.

When you look at your list, read it and ask how does each aspect of it make me feel? Does it raise your resonance and vibration? You know what you say you want is important for you to have that.

You may then move into the mental body and the mental body asks, How will that happen? You then begin to focus on the how and the action of it as opposed to surrendering to it raising your resonance and vibration.

You are also releasing the aspects of your conditioning that quite possibly have been blocking you to having what you say you want as well as avoiding, suppressing and repressing feelings. By surrendering into the moment of "Yes this is what I say I want", you can allow the universe to present the way in which it will come to you that is in your soul's divine plan and not the plan in your mental body. You continue to try to figure out how it will come to you so you can control it or think you can control it. This also allows you to continue the behavior of avoiding your feelings surrounding this.

We are asking to you to surrender to the unknown.

You are trying to control everything through the conditioning in the mental body and avoiding the feelings that are associated with what is transpiring in your life. Quite possibly you have the need to fill up the emptiness or what you perceive as emptiness in your life. You then look outside of yourself to fill this up and thus avoid the feelings in that moment that in essence you are trying to get rid of and not feel. However you can say, Right now I am feeling empty, alone, unloved and surrender to having those feelings.

If in fact an item on your list is to have a meaningful, intimate relationship it is by surrendering to allow yourself to have the feelings of emptiness, alone, not good enough, unlovable. In surrendering you will allow those feelings to move to the fore and open a space in your heart to allow what you say you want to come to you. The feelings you are avoiding make you uncomfortable. It is important to see yourself in relation to your feelings. If I am feeling alone am I unlovable? It is about allowing the feelings, not sinking and indulging into them. In the moment acknowledge that, right now I am feeling alone, sad, angry, empty. You can simply surrender to this. Behind these feelings energy is attached. Each feeling is equaled in energy. Right now I am feeling sad. There is energy attached to that feeling. I am feeling angry there is energy attached. I am feeling joy there is energy attached and you can feel that energy.

As you allow yourself to feel your feelings you allow yourself to move the energy associated with the feelings. As you suppress and repress your feelings you are suppressing and repressing energy. This is the energy that gets trapped in your physical body and it then builds and builds and builds.

If in fact you have a challenge of surrendering you can gradually do this on a step by step basis. Find something each day that you can surrender to. Today I am going to

surrender to not knowing. Allow this to be what you are surrendering to on that day. We are asking you to live in the present moment of now. So in this moment you can surrender and feel your feelings as opposed to fighting the feelings.

When you allow your feelings in the moment and allow them to come up you then begin the process of moving the energy associated with the feelings. You are allowing and surrendering to what is transpiring within you and your truth in the moment. Right now I am feeling sad, angry, unloved, not good enough. This is your truth in this moment. Once you begin to acknowledge where you are and the feelings, you will then allow the feelings to move. Where you are now is point A you have to acknowledge that you are at point A in order to move to point B.

In the moment feelings come, acknowledge the feelings then surrender to the feelings. As you surrender the energy moves and thus you feel your feelings. You then can ask, what tools can I use to begin to shift into and towards what I say I want? You can choose to use a tool to move you towards what you say you want.

Choosing a tool can shift you from what you think isn't in your life, what has transpired to focusing on what you say you want. For example by using the tool of looking at what is in your life or what you are grateful for allows you to move towards life. By focusing on what isn't there, what you haven't done, where you aren't loved, and remaining there, you are stopping the growth process.

It is time to begin your new month of April by asking yourself, can I surrender to where I am right now? Can I release, let go and surrender to receiving love? Can I open my heart and surrender to receiving to what has transpired in my life. Can you surrender and acknowledge to how much you have grown in the first three months of this new year? As you continue the commitment to yourself in 2016 you will inevitably move to a place of greater importance in your life, greater significance and begin to have what you say you want.