

**A Message from Archangel Michael  
Channeled by Jeff Fasano**

**You are Worthy to Have What You Say You Want**

From the Archangelic Realm of Michael this is Michael and We come to you as you are now moving through a passage way of time. Many of you are emerging from a passage way in time, quite possibly emerging from the shadow and emerging into the light. Some quite possibly are still in the shadow aspect of life.

Each and every one of you is now moving into as aspect of your physical, mental and emotional beingness in your heart space. Many are moving within to release aspects of the old. Moving into the core aspects of the soul space and heart space so you can begin to fully release aspects of the old through this passage way of time.

As you move through 2016 on a month by month basis, you have now moved out of the first quadrant of your year and now in your month of April and beginning to surrender. You are surrendering to releasing core aspects of the old. Releasing the imprint of mom and dad, and the old imprints that have been holding you in old deep rooted behaviors.

When We came to you at the beginning of your year of 2016 We asked you to make a list of what you say you want, a list of what is most important to you and a list of the life you say you want, moving into the depth and breath of your heart space to do this. Many have done this and as you move through 2016 on a month by month basis, you can begin to have what you say you want.

In order to have what you say you want it is now important to fully release the old. Release the old behaviors, the old imprints of mom and dad within your physical beingness, the old aspects within your nervous system and the old habits, patterns and rituals. Many of you are beginning to do this. Many have been moving through periods of the shadow or dark nights of the soul. Moving deep within the physical beingness and beginning to feel the release in the mental body, the emotional body and the physical body. You are realizing the old behaviors that no longer serve you and it is these old behaviors that have held you in the old.

If you have written your list and if in fact what you say you want is important to you, you will be moving through a step by step process in 2016 to begin to have what you say you want in a more healthy, authentic, transparent way that is in congruence with your truth. If your truth is to have what you say you want, whatever that may be for you, it is now important as you move deeper within your

soul's divine plan, to ask yourself if you want to move to new and higher levels of it. It is important to do this so you can bring you, your teachings, your modalities and your endeavors out into the world at a greater level in a most authentic and transparent way. As you move through this process on a month by month basis, you are moving deeper within in each month to become more authentic, more transparent and move closer to the truth of you.

Many are moving through a shadow period, quite possibly in a state of inertia and not quite knowing what is next, or what to do next. This is why your month of April is about surrendering to what is transpiring in your life right now. To possibly let go of trying to control everything outside of you and allowing you to be where you are wherever you are. This is why it is important to continually ask, Where am I at this moment in time?

For many now what is transpiring is a clearing process. Moving through a clearing and cleansing process in your life, quite possibly in relationships outside of you. You are creating a new relationship with you. You are shifting the relationship you are having with yourself and moving deeper within to love, honor and value yourself more deeply. If in fact you move deeply within to love, honor and value you, you will then realize the responsibility that you have to you to give yourself what you say you want that is on your list.

As you move deeper within the depth and breadth of your heart space to release all aspects of the old, the imprints of mom and dad, you move into a greater depth of loving honoring and valuing you. Then you will see the significance of loving, honoring and valuing you and it will then be entrained in the nervous system. As you entrain into your nervous system this new aspect of loving, honoring and valuing you, your life begins to shift and change. It is then up to you to give yourself what you say you want.

So now, when you look at the list of what you say you want, ask yourself:  
Am I worthy to have this?  
Am I worthy to have the life I say I want?

As you move through this step by step process of moving within to love, honor and value you more deeply, you will then realize that Yes, you are worthy to have the life you say you want.