

Archangel Michael Speaks Channeled by Jeff Fasano

Acceptance with Compassion and Moving to We Consciousness

From the Archangelic Realm of Michael this is Michael and We come to you at this time of unrest on your earthly plain to speak to you about “being” in your heart.

When in your heart space you can connect to the essence of you and when doing so move to a place known as neutrality. Polarity and duality is learned through conditioning. You have been conditioned with either / or, right or wrong, good or bad and this conditioning resides in your mental body. When you are in your heart space you are in a place of neutrality through acceptance and compassion.

Acceptance and compassion is the base component of the essence of you. It is the base component of the feminine energy that many are now integrating energetically. It is important that the theme throughout your life be acceptance and compassion.

We ask you to begin to observe your self though the neutrality of the heart.

Can you observe yourself through the neutrality of the heart space with acceptance and compassion?

By moving into acceptance and compassion you move into neutrality and then can begin to observe you through the neutrality of the heart space.

Acceptance and compassion is neutral, there is no charge to it. Your old behaviors are learned and reside in your mental body, acceptance and compassion is a learned behavior but emanates in your heart. It is the essence of the feminine energy and reveals the essence of the self.

Acceptance and compassion neutralizes duality, right or wrong, good or bad. When in duality in your mental body, simply observe that you are in your mental body. You may tell yourself that this is wrong. Ask then, Can I accept with compassion that I am in my mental body. If you can say yes to that you then you move into neutrality.

If you look out in your third dimensional realm can you accept with compassion what is transpiring out there? Acceptance and compassion neutralizes the polarity of your energy. It neutralizes blame and shame and judgment. Acceptance and compassion is the key to moving into we consciousness.

Many are looking to move into We Consciousness yet there still may be a fight for isolation and separation. The fight is a defense mechanism and builds a mask. As you begin to move to a more neutral place within you that may be new for you, feelings will arise that quite possibly have been suppressed and repressed. The reaction to this is to fight for separation and isolation. The fight is utilized as the mask to avoid the feelings that arise as you move toward something new and may not be comfortable with, quite possibly intimacy.

It is time for you to begin to embody you. You are who you are. If you are embodying the teachings we have been bringing you over a period of time, it is time to utilize the tools we are giving you. It is time to release looking outside of you at what others are doing and if you choose, realize what is already in your possession and the abundance of it. And this is the essence of you.

Growth occurs by accepting with compassion where you are in the moment. If you have a challenge with accepting with compassion where you are, perhaps thinking you must fix yourself or you must get rid of something, this is a deep blind spot. Simply raise your consciousness to this. **When you** move into a blind spot, you may begin to fight for separation and isolation. In this place accept with compassion you are there and remind yourself of your uniqueness and greatness.

Moving into We Consciousness it is about supporting and guiding each other to maintain the uniqueness of self. You do this so the uniqueness of self can be mirrored back to each individual. When individuals move into a blind spot where they might be fighting for separation and isolation it is about supporting them where

they are and bring to their consciousness they are doing this. Remind them of their uniqueness and greatness. By doing this We Consciousness can flourish and in this new collective consciousness you move to a higher level of resonance and vibration.

It is now time to embody and embrace consciously your uniqueness and greatness of self to see that this greatness does reside inside of you. Connect now with the flame that burns deep inside you to bring you and your essence to the world. When in We Consciousness you **can** support and guide each other to their uniqueness and greatness thus supporting and raising resonance and vibration.