

# **Archangel Michael Speaks**

## **Channeled by Jeff Fasano**

### **Moving into the Safety of the Beingness of You**

From the Archangelic realm of Michael this is Michael and We come to you as you open up to new aspects of your life. Many now are opening their heart space to a greater depth to give and receive in balance. Your heart space is opening so you can move into the fruition of the beingness of who you are.

As you move from the mental body into the heart space and release conditioning and belief systems, and move into the core aspects of your truth, you move to a place where you are safe and secure within yourself. You move into the safety of the beingness of you.

Many are looking to be safe in the world outside of themselves, safe in relationships outside of them. Many are wondering if they will be safe in the new relationships they are entering into. Perhaps thinking they will have to build a wall around them so they will be safe in the relationship, safe in the outside world. This is how the mask is created, it is created for safety and security. Issues of safety and security are surfacing for many at this time.

When you move from the mental body into the heart space and release old conditioning, old belief systems and what you had been taught by mom and dad and begin to process this, you move deeper into the essence of who you are. You then begin to release the need to be safe and secure in the world outside of you.

You may now ask:

How am I going to protect myself in the new relationship?

How am I going to protect myself in the world outside of me?

How am I going to defend myself in the world?

How am I going to defend myself in relationships I am having or entering into?

You are now moving out of comfort zones, and as you do, you begin to shift and change the relationship you are having with you. Doing this gives you the momentum to enter into new relationships. Perhaps you are moving out of the comfort zone of the need for safety and security.

When you move into new relationships a reaction is; how will I be safe in the relationship? Will I have to defend myself in the relationship? Do I have to protect myself?

As you move from the mental body into the heart space, into the beingness of you in your truth, you are in essence creating a new you, a different you. It is a you that is new and different where you are self contained in the depth and breadth of the beingness of who you are. Loving and honoring yourself is growing deeper in your life. It is from the knowingness of this place you want to expand out into the world and possibly create new relationships. As this happens, you naturally will move back into the mental body and old belief systems open that need to be healed. You can do this now from the new place of the knowingness of who you are. So when you enter into a new relationship now, the old conditioning will creep back in. Yet, you have gained a greater knowledge of yourself. So you as you enter in a new relationship and feel deeper aspects of old conditioning that surface, simply ask; who am I now?

You have moved deeper into the core aspects of you, the core essence of you and your core truth, this is what you are bringing to the new relationship. What you are bringing to the new relationship is the core essence and the truth of you. There is no need to defend or protect this.

In the past, what you have been protecting is the old fragile and vulnerable self, the unknown self. When you looked out into the world from the old unknown self, you found a need to protect yourself because it was unknown to you who you are. Since you did not know who you are, you found a need to defend and protect yourself. Feelings surfaced and conditioning surfaced and many then looked outside of themselves into the world to define who they are. Many entered into relationships to define who they are. Is that wonderful and most glorious soul going to tell me who I am? And you found yourself needing to protect and defend yourself because you did not fully know who you are.

Now, you have come to a point in the depth of your soul space, loving, honoring and valuing you and knowing your truth. So when you come from this place now, and enter into new relationships, walk into the unknown, you are bringing the depth of who you are into each and every relationship you have.

This is a new process for many and thus in the infant stage of it and fully being who they are. You are moving into a greater depth of your truth and expressing it. You are now moving into the core essence of you and this is what you are bringing to the new relationships and to the world outside of you. There is no need now to protect or defend yourself.

Yet, because you are in the infant stage of this, the beginning and the new stage, old conditioning will creep back in. You may not be sure of yourself when moving out into the world, but you are doing it none the less. You are doing it from a brand new perspective of who you are, a brand new sense of self. Yet, when old conditioning creeps back in you may find yourself needing to protect yourself.

We come to you to tell you there is nothing you need to protect. You now can move out in the world in new relationships in the greatness and powerfulness of the beingness of you.

Moving into the greatness and powerfulness, and the essence and truth of who you are, is a brand new energetic way of being for many. As you now move into the infant stages of this, it is about containing your energy. There is no need to protect or defend yourself. It is about containing your greatness, your powerfulness, and the energetic structure of who you are as you move out into the world.

If you move out into the world in the full beingness and powerfulness of you, embodying the essence of who you are, embodying your truth and expressing it and find a need to defend yourself, you are perpetuating duality. If you find the need to defend or protect yourself from something or someone, you then separate yourself from the oneness of moving into all inclusiveness and the beingness of that.

By containing your energy you can discern how you will expend it out in the world and doing this now through the beingness of who you are.

When you find a need to defend and protect yourself, you are defending and protecting the old ways of being. You are the new you. You are now moving out in the world radiating the effervescence of who you are at a new resonance and vibration.

When you move into the depth and breadth of your heart space and open your heart into the full beingness of you, you open to a new experience of life. You open to a new experience of life without the need to defend and protect yourself. Safety is the new you. It is you in the powerfulness and beingness of you. You are safe, you are secure in the beingness of who you are.

As you reveal the new you to the world, you may feel vulnerable, exposed. Acknowledge this, contain your powerfulness and greatness so you can move out into the world and create new relationships and move into oneness with others. As you are one with you, this will open the door for others to enter in.