

Archangel Michael Speaks
Channeled by Jeff Fasano
Journey of the Awakened Heart

Who Are You?

There is a flame that burns deep inside you. It burns brightly and radiates outward from your heart with an effervescent energy. You now can choose to connect with this flame.

You may say, "I know who I am," "I am ready to connect with my deepest passion." You may also have found yourself saying, "I no longer resonate with what is happening outside myself," and you are wondering how to disengage from it. You do not yet know how.

You have chosen the life you are leading...so here you are. The way to begin to disengage from the aspects of the life you're leading that no longer serve you is to be present in each and every moment with what is. As you do, you will connect with you deep within and this will begin to illuminate your life.

As you begin to connect within, you might feel you need to know "how" it is all going to work out. "How in the world am I going to do this," you may wonder?

It is a process. Knowing yourself is a process first of connecting to yourself, leaving behind any judgment that stands in your way, seeing yourself through the eyes of compassion, connecting to your inner flame, and then radiating its spark into the world.

It is time to love you. It is time to move forward. The depth of your heart is awaiting you. Come join it!

You may now find yourself beginning to move in congruence with others in your life and have made the decision to join your energy with theirs. This is the first step to move from a state separation into a state of connection. You are in the process of

shifting from Me-consciousness to We-consciousness. Moving in congruence is when aspects of your life overlap with aspects of the lives of others.

Through your personal process you honor and value yourself at deeper levels, and different energies within you begin to come together and join. You are moving into oneness with you. By going deeper within, you shift your resonance and raise your vibration, and then move effortlessly forward towards the fulfillment of your soul's divine plan. At this very moment in time, you are entering a process to learn who you are, and new ways to honor and value yourself.

On your journey through life, you may have come to an intersection. It appears as if you have come to the end of the road. You have come to the end of an old life and looking ahead to jump into a new life, but you are not sure what that new road looks like or where it will take you. The new road is your soul's divine plan. It is not about anything outside of you. It isn't a job or a relationship, or any one thing you are supposed to do. It is all within you. There are many facets to your soul plan and they come from knowing who you are. At the intersection, before you move forward on the new road, it is time to stop and look behind you at your old life and old attachments, patterns and behaviors. Moving forward means leaving fragments of your old life behind. You'll know what they are.

It is your intention to make a contribution to the world and live a life of meaning, to serve through your presence using your talents and gifts. But at this intersection you might be thinking, "Why undertake this task? Why do it? Truthfully, I am not sure what I have to give to world service." If you wonder, you only wonder because you have forgotten who you truly are, that you matter, have something to express and important in the world as much as any other. Who you are being is how you are expressing yourself in accordance to your plan. By loving and honoring who you are and expressing this through what you are doing, you are resonating with your soul's divine plan and thusly with the members of your soul family—those who share your vibration and are in harmony with your plan.

It is now time to release your attachment to the outer world so that you may move ever more deeply within and answer the question: who are you?