## Archangel Michael Speaks A Message for February 2019 Channeled by Jeff Fasano

## A Month for Compassion

From the Archangelic Realm of Michael this is Michael and We welcome you as you are now one month into your year of 2019 and now moving into your month of February, a month of compassion and compassion for self.

You are continuing the movement through the transition period in the first three months of 2019 and into your month of February. Many moved into the new year in a robust fashion, releasing much of the old in their lives and what no longer resonates. January was a month of releasing and you are continuing to do that. Many have come to a conclusion that change must occur in their life. Through shifting from the old, many have come to a realization that it is time to transition and change. Many continue to look at the old in their lives and release what is important to release that no longer serves your highest good. It is important now to begin to shift you energetic focus. As you moved out of January into February it is time to look at where your energetic focus is in your life. Where is your energetic focus on relationships?

Your year of 2019 is about bringing you, your greatness and powerfulness to the world along with your message and the importance of your message. January was about beginning to release aspects of the old that no longer serves your highest good and that which is no longer in resonance with you as your resonance and vibration is shifting. For many your energy is shifting as is your resonance and vibration. Your resonance is raising.

As you raise your resonance and vibration you are ascending. As you raise your resonance and vibration and look at you and your old relationships, old aspects of your life, much of it becomes old because your resonance and vibration is raising. Many are moving through this now and in a transition period. This is the reason why the first three months of 2019 is a transition. The most important aspect of these first three months is to see where you are raising your resonance and vibration and see perhaps aspects of the old that no longer interest you or is no longer important to you. Perhaps you see relationships that remain in the old and no longer resonate for you. This is because, as you continue the personal process, doing the inner work, you raise your resonance and vibration. This is a concept We have spoken to you many times before.

There have been questions about Ascension.

Ascension in this lifetime is; as you release old, dense, low vibrational energy, your energy raises, it ascends. The energy and resonance and vibration becomes higher and higher and aspects of the old in the third dimensional realm will no longer resonate for you. This is why We ask you to use the tool of looking out at the world outside of you, the macrocosm and microcosm of your life and see what resonates and what no longer does. As you continue to move deeper within doing the inner work in a committed personal process, and release the old, look into the mirror, and shift and change your life, what happens is what is important to you shifts and changes. As you release the old your resonance vibration ascends.

As your resonance and vibration raises, your energetic structure raises. When you look at what is transpiring in the world outside of you and see what resonates and what doesn't and look at the microcosm of your own life and see what resonates and what doesn't, and you begin to feel all of this, this is where the releasing of the old begins. By asking the questions: Where Am I? What resonates and what doesn't, this is where you begin to release the old. What no longer resonates for you does so because you are raising your resonance and vibration and thus what is important to you shifts and changes. As you do all of this you begin to transition. Many would like the transition to happen instantaneously. The transition begins by recognizing what no longer resonates for you and know why.

We said to you that in your month of January, choices will appear in your life. Many now are seeing the choices as you move into your month of February. Perhaps you are making new choices, releasing old relationships that no longer resonate for you, serve your highest good or serve your new direction. Many are looking at a new direction and moving in a new direction.

As you move into your month of February, quite possibly you have released an in ordinate amount of old, been shown the old yet not quite sure how to move forward.

As you move into February, it is about having compassion for where you are in the "not knowing" or in the "nothingness" or the emptiness that may be occurring within you now.

For many, as you release the old, you move into a place of limbo, an in between period. This is what your month of February is, an in between period of the transition from the old to the new. Many are looking to make great leaps and shifts in their life. Completely letting go of what is old, closing the doors to the old. Closing, locking them then moving through the new doorways opening before them into the unknown. As many close the doors to the old and lock them, you remain in between the closed door and the open door. Perhaps looking out through the open door and not sure what the next steps are. Yet knowing that change must occur, but not quite sure what that change is. It is in this month of February where you can move within in compassion with love and nurture yourself and begin to look at what brings you the greatest amount of joy. You can move into the knowingness of where you are headed in 2019.

So your month of February is an in between period, a time for compassion and love. It is a period of nurturing yourself as you move through February into March.

It is most important now to know that as you continue on the pathway of life, continue your personal process and the inner work, releasing layers of old, dense vibrational energy from around your heart to raise your resonance and vibration, and ascend in this lifetime, you are at the point where great change is occurring for you. Many are still faced with choices. Should I stay in the old or should I move forward? Should I move out of my comfort zones? As these questions come up, February is about answering them through compassion and nurturing of self.

It is most important to know that as you venture through your life in 2019 you will move and ascend in increments. In each month you will ascend in your life. You will take another step in your soul's divine plan. You will move closer to realizing your purpose in your divine plan. So it is now most important to take stock of where you are by simply asking the question, Where Am I right now?

As each and everyone of you is shifting through great change, releasing old, dense vibrational energy within the physical body system, you are releasing more wounding. Many are moving into a place you call inertia or nothingness and feel a deep emptiness. You may be feelings great levels of loss as if you are moving through a perpetual morning period. Many are moving through the shadow and as they move through it have periods of seeing the light. Yet the shadow is an extended period.

As you move through the shadow now, the light overlaps the shadow and the shadow overlaps the light. What is transpiring is that you are releasing duality in your life, either / or, right or wrong, good or bad. This is being reflected outside of you in many ways.

You are moving into a consciousness of collectiveness within you and aspects of your life are beginning to overlap. The reason for this is you are moving into a place of all inclusiveness. It is an all inclusiveness where you can move through the shadow and move through the light and see it. Then move into an all inclusiveness with others as you move to create a new collective consciousness.

The step by step process of creating a collective consciousness begins with you as you release the old. When you release the old within you, you begin to raise your resonance and vibration. As you move through this in a step by step ascension process in 2019, raising your resonance and vibration, you may begin to form a new soul family, a new collective consciousness within the soul family. It is important that resonance and vibration be taken into account. As you form a new collective consciousness, it important that the basis of it is all-inclusiveness, full acceptance and compassion for the uniqueness of the individual.

It is most important to keep in mind that it is all about resonance and vibration. The collective will only be able to function in the third dimensional realm if it is functioning at a high vibrational level, the high vibrational level of peace, community, harmony, equality. It is important as you move through your month of February to have compassion for where you are, for the shifts and changes in your life, for the unknowingness, for the feelings of emptiness, loss, and nothingness. Allow yourself to be where you are and also know that in the periods of darkness the light will shine.