

# **Archangel Michael Speaks Channeled By Jeff Fasano A Message for May 2019**

## **Expansion and Enlightenment**

From the Archangelic Realm of Michael this is Michael and We come to you as you are moving into aspects of your life. We continually mention that you are moving through aspects of your life because you are moving through aspects of your soul's divine plan. It is an episodic movement in life where each aspect of your life is an episode within your soul's divine plan. So each and everyone of you is moving into a new aspect of your life and you do so in each and every moment, minute, and second of your life.

You can look at your life as a moment to moment process, an episode to episode process. Doing this allows you to remain in the moment of now. A tool that you can use that will entrain you is simply saying to yourself; I am in an episode of my life, an aspect of my life and I will move to the next aspect after that.

When you find yourself moving through a shadow period, the dark night of the soul, it is best to remind yourself that this is just an aspect of your life in the overall aspect of your divine plan. Simply put, if you are in an aspect or episode of your life right now this is within your soul's divine plan. It is not an aberration, it is perfect. Where you are is perfect within the divine timing of your life, and in the divine aspect of your soul's divine plan. Thus, you are exactly where you are supposed to be.

Where you are right now is in an aspect, an episode, a moment of your life. This is why We ask you to ask yourself the question; Where am I right now? Who am I being right now in this very moment in time. You then can allow yourself to use your tools as to where you are. And when you do you will simply know that you are just in an aspect of your life.

Many now are experiencing great expansions and We come to you now to speak to you as you move into your month of May, a month of expansion. Moving to greater levels in your life, perhaps moving into new relationships. Or you just may be gaining a new perspective of you as an all encompassing, multi-dimensional being that you are. The expansion for some now is into the greatness and powerfulness of who you are.

Your month of April was the beginning of an awakening period. In your months of May and June awakenings will continue as well. We ask you now; What have you awakened to as you move into your month of May and begin an expansion process? Your month of May is the midpoint in this three month period of time in 2019, and as you move into May you will begin to experience expansion.

Some are moving out of shadow periods, dark nights of the soul. In those shadow periods and in the dark night of the soul, what have you awakened to?

As your month of May is a month of expansion, opening to a greater depth of who you are and why you are here. What are you expanding into? Are you expanding into a greater way of living your life? Are you opening up to new relationships? Are you opening to see what your part is in creating a new collective consciousness? What is being created for you? Are you creating a new soul family or soul group? Are you moving into intimacy, harmony and equality with others?

Your month of May is an expansion into the depth and breadth of your heartspace as well. Expanding into who you truly are, into your greatness and powerfulness.

As you move through your month of May what will transpire is an expansion in your outer world and within you as well. Expansion in your heartspace and in your physical body as you continue to release old behaviors. As you move into May and expand you will become a greater enlightened soul. What will transpire in the expansion and the enlightenment you will begin the process of a new entrainment of the nervous system. This is an entrainment to the new.

We ask you to look at the old. Look at the old habits, patterns and rituals that you are no longer perpetrating. This is another way to see where you are in this aspect of your life. Perhaps you are not realizing that you are no longer perpetrating old habits, patterns, rituals and behaviors because your nervous system is entraining to the new. There is a new depth of loving, honoring and valuing you. There is a new realization of your talents and gifts. Seeing your importance and the importance of your talents and gifts. Many are beginning to realize this and find that you are moving out of pain and suffering. You are moving out of the old story of your life. The old story that you are suffering, struggling to survive. The old story you have continually told others about lack and limitation. Is this an old story? Yet, you may be wondering that you no longer think this way. This no longer resonates for you. It may come up from time to time but the old story is no longer present.

What is your new story?

Is it abundance? Is it expansion? Is it wonderment as you move out into life. Is your new story powerfulness, greatness. Is it community, harmony, equality? Is your new story you? A new all encompassing you? A new multi-dimensional you?

As you move into your month of May many will begin to realize they have a new story. This new story is abundance. It is excitement for life. Many are experiencing a new excitement for life. They are realizing they are in control of nothing yet realize they are in charge of their life. You are in control of nothing because you are releasing your attachments to the world outside of you. The attachment that as you move out in the world you need to get something from it. Many are releasing attachments to old relationships. Releasing attachments to how they have gotten love in the past. Realizing now that the new story, the new entrainment is they are love, they are powerful, they are worthy and they are good enough. Realizing the expansion within them.

If you realize the expansion of who you truly are, moving to a greater depth of loving, honoring and valuing you, you release attachment. You organically and naturally release attachments as you move into the depth of your heartspace and fully know who you are and love, honor and value you.

As you make the initial ascent and entrain yourself to knowing that you are lovable, valuable, worthy and important simply by being who you are, you organically and naturally release the old attachments outside of you. Perhaps old attachments to old relationships.

As you open your heartspace and move into your month of May it is important to be where you are. Allow the expansion.

It is a month to release doing in your life, the need to do. See where you are doing with purpose. You will in May begin to realize a greater depth of your purpose that is based upon the enlightenment and expansion of who you truly are.