## Journey of the Awakened Heart Archangel Michael Speaks Channeled by Jeff Fasano

## Moving the Core Connection to the Truth of Who You Are

From the Archangelic realm of Michael this is Michael and We welcome you as you move deeper in the depth and breadth of your heart space to continue the self excursion leading you to self empowerment. You are moving toward the greatness and the powerfulness of self and toward a deeper love of self. The greatest lesson you are learning is about love, love of self, love without attachments, love of the human condition, love on all levels.

So We ask you, is there love in your life? Are you receiving love? Is there self love? Self love is the greatest lesson of all.

You are all learning to love.

Many are now moving through a transition period on a soul level, transitioning from an old state of being to a new state of being-ness. You now have a choice at this time to release the old in your life and have the opportunity to do this in whatever form you choose to. This is a time of transition from the old into the new and you can now move through it with a greater awareness of self, a greater consciousness of self.

This is part of your soul's divine plan and many now are consciously living the embodiment of this. Many now are feeling that it is time to make new choices and decisions. These choices and decisions are made within your heart space not through the mental body and not based on anyone or anything outside of you.

Move within and connect to the depth and breadth of your heart space and your intuition to make your choices and decisions now. You may think you know what your choice should be because your mental body is telling you so. Or perhaps an attachment outside of you is influencing you, or something may not be healed yet? Perhaps an old relationship may be influencing your choices or decisions. If you are feeling that change must occur this is based on your intuition and love of self. Move into your heart.

Many are moving through a cleansing and clearing process within your physical being-ness. There is also a cleansing and clearing and a redefining of relationships.

Perhaps it is time to close the door on relationships and perhaps they must come to and end. It is time to move toward relationships that are heart based in the soul body, light body and heart body. There may be some apprehension because you have strong attachments in old relationships, yet know that these attachments must end. These attachments must be cleared and the physical body must be cleansed. If you are feeling this, it is because you are connecting more deeply to your soul's divine plan.

What is transpiring is a transition into the next phase in the soul's divine plan. Many are facing the old. No matter what you do to avoid this through your attachments, your wounding, your old habits, patterns and rituals and behaviors, you must face the old. If in fact your choice is to raise your resonance and vibration to bring you and your endeavors out into the world, you will face the old, you can no longer avoid it. Many are now being faced with the realization of this. It is time to transcend the old and to live in transparency, authenticity and truth.

This transition period will last as long as it needs to in order to make the choices and decisions that are needed to make.

What is most important is self-introspection. Look at extraneous drama and glamour that may exist in relationships. Begin to look at your soul connections, the connections that are heart based. These connections are not based upon attachments or any extraneous drama and glamour but the core essence of the connection.

What will be transpiring is a gathering of soul's. Soul's coming together from their core through a grand healing process. This will only take place if each individual moves through a self introspection process to see the attachments in relationships, the drama and glamour created in relationships that is created through your wounding. Once again, it is time to face yourself.

You no longer can run and hide from yourself. You can no longer run and hide from the soul core connection. You can no longer run and hide and blame and shame. Self -introspection is imperative at this time so you can move into the core aspect of self. What is happening at this time is a core connection to the truth of who you are.

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