

# **Archangel Michael Speaks**

## **Channeled by Jeff Fasano**

### **A Message for February 2020**

#### **A Month to Detach from the Third Dimension**

From The Archangelic Realm of Michael this is Michael and we come to you now as you are now walking through a new pathway in life as you transition from your month of January 2020 into your month of February. A month of love, self care, relaxation, and moving into the depth of your heart and re-loving yourself.

Many as they move out of a what may have been a turbulent month of January for some, are moving into the new, an inordinate amount of new in their life and there has been shifts and changes for many on many levels. Changes on the emotional, mental, physical and spiritual levels and the etheric level as well. Many are going through drastic changes in their life that is bringing them back to self to a more celebrated sense of self, a more powerful sense of self.

As you move into your month of February, a transition month, it is now about moving deeper within to the depth and breadth of your heart space so you can emerge into March in the full beingness of who you are.

Many are beginning to realize who they are. They are opening their heart space to receive love more deeply. February is a month of love, loving others, loving the self and celebrating the self.

So now as you move from aspects of January into February it is about opening your heart space to begin to fully receive love. It is about releasing judgment and shame. It is about moving into greater self care for many. Many are beginning to unwind in February, letting go of the attachments to the third dimensional realm.

What is most important now, as you move through your year of 2020, is releasing your attachments to the third dimensional realm in a greater and deeper way. We have mentioned this to you many times before. You are now in a period of time to fully detach from the third dimensional and you can begin this now in February. Detach from the third dimensional realm and look at your attachments that are still in place to the third dimensional realm that cause upheaval in your mental, emotional, physical and spiritual body that perpetuates the illusions of the third dimension.

As you look outside of you in the third dimension you are being bombarded with an inordinate amount of energy from outside sources that in many ways does not serve your highest good. This is why it is time to begin releasing attachments to the third dimensional realm and detaching from it. It is about looking at what is important and what isn't in the grand scheme of your life and in the context of living it. It is about releasing surviving life and raising your resonance and vibration to live life and enjoy life, thus moving into a greater sense of your soul purpose.

February is a month of shedding the ego mask, cracking it. It is a month to move from behind the veil and as we have said to you before, laying your cards on the table face up to those outside of you. It is about releasing self judgment, looking at yourself to see where you continually judge and shame yourself.

What is most important in your month of February is detaching yourself from the third dimension. Detaching from what invades the temple of your body. What We mean by this is to always look at what raises your resonance and lowers it. Looking at your addictions to the third dimensional realm outside of you. Looking at your addictions to your needs to be loved perhaps. It is bout seeing these addictions that most likely do not serve your highest good and no longer serve you.

You can look at your month of February as a month of detaching from the third dimensional realm, a month of detachment, to move deeper within into the soul space. Look at what is transpiring with you mentally, emotionally, and spiritually and see what is raising your resonance and what lowers it. It is important to see those who care for you, those who honor and value you. See those who are moving into a greater connection with you. As you open your heart space, release the veil, crack the mask, move from behind the armor, you will see that you are still loved and you are still alive.

So as you move from your month of January into February, it is about detaching from the third dimensional realm. It is about moving into the silence of life and opening your heart space and connecting to it in the silence of life. Seeing the powerfulness of quietness and silence. And in the quiet and silence you can observe yourself in a different way without the distractions of life around you.

What is transpiring outside of you in your governmental systems, political systems and corporate systems, are distractions. They are distractions that create an illusion that distracts you from your self.

If in fact you are on the road to self mastery, self empowerment, self love, it is about releasing those distractions. These are the distractions and the illusions of the third dimensional realm. It is about looking at these distractions now.

What is distracting you from you?

What are the old habits, patterns and rituals and behaviors, you are using to distract yourself from yourself?

It is most important to see that what is transpiring in your third dimensional realm is a distraction from you.

