

# **Archangel Michael Speaks**

## **Channeled by Jeff Fasano**

### **The World 2020**

#### **A Message for December 2020**

From the Archangelic Realm of Michael this is Michael and We come to you as you are moving into the endings of life and what is transpiring in your year of 2020. As you inch closer to the end of your year you and move into end periods, you can open up the depth of your heart to experience them. You will move into a transcendence of life as these endings transpire in your life.

We ask you to look at your life and see where there are endings. What is ending in your life? Quite possibly old relationships. What is ending in the depth and breadth of you? What of the old is ending?

As the energies moved into your earthly plain in August though your month of November that are now solidifying, they have dredged up old in your life, old wounding, old experiences that need to be released from your physical, emotional and mental bodies. What is transpiring now are the endings of that. Putting the finishing touches on what you have released, what you needed to release so you can begin again anew. The energies began to dredge up the old, beginning in your first chakra and then moved upward in a counter clockwise fashion releasing the old memories and wounding, bringing to the fore the feelings that have been recessed in the depth of your memory. These were all the feelings you had avoided. What was dredged up was all that you have avoided in your life, all that you defended against. The wounds that you have defended have come to the fore and are at the surface.

It is time to look at all of this and see what is ending for you. Perhaps an old relationship you have had with an other is ending or perhaps the old relationship with your self is ending? Quite possibly what can begin new for you is a new relationship with you? There now is a deeper sense of loving, honoring and valuing you? Perhaps there now is a deeper sense of safety where you can be you?

What is ending for many is the doing. We have asked you many times before to look at what you are doing and why you are doing it.

What is ending are old cycles, old behaviors in the way you lived your life that was based in defense and avoiding and suppressing and repressing your feelings. This is because you did not feel safe to express your self. Many now are feeling a safety in themselves to express the beingness of who they are.

So as you come to the end of your year what is now ending is what needs to end for each and every individual soul on your earthly plain. This is why We ask you, What is ending for you? What do you feel is ending for you?

In these end periods that you will experience in your month of December, you will move into a mourning period of time. During this month of December you will move into periods of mourning the old that has been released. You will be mourning the old wounds that have been released and now beginning to heal as you move into a greater depth of beingness of who you are. Many are feeling; I can now Be who I am. I now trust who I am and feel safe being who I am and express with love who I am. The reason why this is transpiring for many is because of what transpired and began when the energies moved in in your month of August to bring up the old that needed to be released in this cycle of time.

It is most important to understand that as you move through this lifetime in the third dimensional realm you are here to heal what you need to heal in the increments of time, the cycles of time that you are ready to heal it.

So as these energies began to move in in August, and move into the physical body in the first chakra region and move in a counter clockwise fashion and dredge up the old, many began to feel it. What surfaced was what needed to be healed so you could move to this point in time to release it and being anew in the full beingness of who you are and ready to be. Feeling safe to express your self with whatever you need to express in this cycle of your divine soul plan.

As you now move into your month of December, what is transpiring is a new cycle in your soul's divine plan. You are moving to a greater awareness in this cycle. Before the cycle begins it is important to see what is ending in your life. Quite possibly identifying what you need to end in your life and allow it to die. All the old habits, patterns and rituals and behaviors you are releasing that no longer serve you that held the old in place, held the old wounds in place. Seeing the old defense systems you used to defend the wounds and defend the need for isolation and separation. They are now coming to the fore to be released

Your first half of December will be a period of ending. Move through this period of time to allow the energy to move and dissipate.

The energies that came in in August are now steadfast in place on your earthly plain holding the space. If you can look at a container and see the emptiness inside it, yet the walls of the container are steadfast and strong. This is what the energies are doing now, they are holding in place your container so you can move through these ending periods and being the new that will fortify the new energetically. This is so you move into the full beingness of who you are. More authentic and transparent than you ever have been. This

is because what has transpired is you have differentiated between the adult and the wounded child. You are learning to nurture that child when feelings and memories arise because you have shifted into the adult leading your life in this period of time. You have shifted from thinking the adult was leading your life, yet it was the child doing so. Thus, you are now moving into a period of time where you are becoming more conscious and aware of you as an adult in the moment of now.

This is what is transpiring for many who have contained themselves in a personal process. Many are beginning to feel the many feelings that come up in association with endings or death. It is important to allow your self to be in this period and to be in a period of mourning as the old ends and dies. The energies that have come into your earthly plain are holding the space for you in this container that is your life. This container is enlarging moment by moment as you now are moving through an awakening period. As the old in the macrocosm is slowly ending, many are moving to a new awakening as to what is important in the world outside of you.

In many ways this is what is transpiring as you move into the month of December, as you move to the end of your year of 2020. It is important to see what has transpired for you in your year of 2020 as well. What have you learned about you? What have you released? Where have you grown? Or are you still clinging and holding on to what you concerned yourself with that is old?

It is time if you so choose, to move into the simplicity of life. The simplicity of life in simply being who you are. As you move into the beingness of who you are, you move more deeply into the depth of your heart space. You see, it is in the cacophony of the mental body and what you continually think about each and every day and the memories located in the mental body that make your life complicated. What are you consistently thinking about? What is important to you?

As you move from the cacophony of the mental body, releasing the old memory that no longer serves you and the wounding that no longer serves you that is lodged in the mental body as well this is what you have been conditioned with, what you have been programmed with and what you have learned. If you moved into the physical body and moved into the memories contained in the physical body and released the memories, and process all of this, you then begin to shift into the depth and breadth of your heart space where life is simple.

Being you in the authenticity and transparency of you, is simply based in love.

Love is simple.

It is the conditioning and programming in the mental body and the old behaviors that make love more complicated.

If you are fully loving, honoring and valuing you and come to a place where you are doing that more deeply now than you ever have before, you will see that it is simple. It is simple to love. It is more complicated to hate because this comes from the conditioning and programming in your mental body. It comes from the conditioning and programming from the models outside of you.

Love does not reside outside of you. It is not something you can reach out and touch, grab a hold of and smother. Love just is. It is the love of a child. It is simple.

So now you can move into the simplicity of being you which is love and peace and community, togetherness, harmony and equality.

As you move through your month of December you will move into a period of endings which will begin at the beginning of your month through the middle. Allow your self to be in these periods of endings, whatever is ending for you and whatever you need to end for you. Perhaps needing to end a certain relationship. It is important to allow these endings to transpire as if you are moving to an end of chapter in your existence in the third dimensional realm. Move to the end of the chapter and close that chapter in your soul's divine plan. This is what is transpiring for many. Chapters in the old aspects of the soul's divine plan are ending, yet needed to transpire.

So it is important now to move through these endings, allow the feelings to surface, move through the mourning period of the death of the old. Then as you move from the midpoint of December to the end of the year, the new will begin to surface.

It is important to understand that this is not delineated perfectly, it is not succinct. As you move through these endings the new will overlap the endings the endings will overlap the new. This is life. It is not as cut and dry as you think it is because that becomes either / or, this or that. Life is not like that. Life is a never ending flow of energy. It flows, it permeates, it is love. Your life is love in the true beingness of who you are.

Energy overlaps. Time overlaps. Life overlaps.

It is the flow you move into as life ebbs and flows.

Many feel that when this ends, this begins. This is not life. As endings occur beginnings occur. As beginnings occur endings occur. It is about moving through the ebbs and flow of life. From the beginning of December to the month of January you will experience the ebbs and flow of life. You will experience the highs and the lows and everything in between. Each and every one of you will feel the gamut of feelings throughout this period of time.

It is most important that you allow what is ending to affect you. Begin to allow life to affect you and for you to affect life. Each and every one one of you in your own individuated capacity are moving to endings in your life based upon your individual soul's plan. Allow the endings to occur and allow the feelings to be there. You are moving into a

safe place to be who you are. You are moving into a deeper sense of knowing the self and the true essence of who you are through love. The cacophony of the mental body is beginning to break up, to disintegrate. You are releasing thinking about life, defending that thinking, and the old wounds by isolating and separating and moving apart from your self.

As you defend your wounds you are not moving apart from others, you are moving apart from your self.

You are now moving toward a new integrated place within you. You are integrating within you as you let go of the conditioning in the mental body. You then move into the depth and breadth of your heart space and begin to feel as if life is becoming more simple. Because it is simple.

You are seeing the cacophony in the macrocosm beginning to disintegrate. The illusions becoming more apparent as are those who are holding on to keep those illusions in place. This will die as well.

As you are now moving from the excess of doing to defend, to isolate, to separate, it is important to see how much doing you put into this. See how much doing you put into defending your wounds and old behaviors. See how much doing you put into isolating and separating from those whom you are in relationship with that are based in love.

Love is simple, defending your wounds is complicated.

Move from your mind into your heart space. Allow what will transpire in your month of December to do so and move into the beingness of who you are.

Know that you are safe to express your self and be who you are.