## **Archangel Michael Speaks Channeled by Jeff Fasano**

## A Message for May 2023 Your Journey Through Life is Sacred

From the Archangelic Realm of Michael this is Michael and We come to you as you are moving into your month of May, the fifth month of your year of 2023 and opening up to a grandness and greatness of self that you have never known before. In many ways opening up the depth and breadth of your heart to a freedom you have never known before. It is a freedom inside your heart space, inside your beingness, inside your mental, emotional and physical beingness. It is a new freedom, a freedom of letting go of the past. Letting go of what has transpired in your life and now living in the moment of now. Opening up the depth and breadth of your heart space and living in these moments. Being in the moment of Now.

As you move into your month of May, it is another month of continuing the fruition of the beingness of self that is the theme for your year of 2023. Moving deeper into the beingness of yourself, knowing, honoring and valuing the deepness of self. You are now moving into a month where you can look at yourself as being free, free of all the constraints of the past. Even though your wounding, the trauma in your life is coming up in irregularity. It is coming up at times but now you are grateful for the tools you have.

It is most important throughout your month of May to look at what has transpired in your life. Look at it from the soul perspective that we are reiterating once again to you, where everything that has transpired in your life is sacred. Everything that has transpired in your life and is transpiring in your life right now is sacred. Sacred in the soul perspective. Bringing the all encompassing soul perspective and experience into the heart space and know that everything that has transpired in your life is sacred and has led you to this point in time where you are now moving into the freedom of self. The freedom of being the self. Moving into this place where you can move about your earthly plain containing your own energy and being who you are as the adult. As well as continuing to nurture yourself.

It is most important to understand that what has transpired in your life up to this very moment in time has been sacred. Sacred in your soul's divine plan. In many ways there is nothing to shame or blame or judge about what has transpired in your life. In the soul perspective it is going according to plan, in the soul plan. If you look at what is transpiring in your life as sacred, as learning and growth periods, it brings together the fullness of the being of you.

Through your judgment and shame perhaps of what has transpired in your life up to this moment in time, We ask you as you move through your month of May to look at what has transpired in your life and see that all has been sacred. What has transpired are the ingredients that add up to the beingness of who you are right now. All is sacred. All happenstance is sacred. What is transpiring in your life right now is sacred though you may not think it is as you move through it. But as you move through it using your tools, honoring and valuing and loving you and deepening that within you and with others, you will realize that as you move through these episodes of time and move to the end of the episode, and look back at it to see what has transpired, what you have learned where you have grown, the tools you have garnered you will see that you are a different person. You are a different person in mind, body and spirit. If in fact you open your heart space for the growth, for the learning and with the tools and look back, you will see that you have shifted in the soul plan. What transpired in your life is according to your soul plan.

When you move to the end of an episode and look back, ask, what have I learned, where have I grown, who am I now?

As you move through your month of May We ask you to ask yourself, who am I now? Who am I now being? What have I learned? Where have I grown? What tools am I using to now move through these periods of time in my life?

We reiterate again, it is most important to understand that what has transpired in your life is sacred in the soul perspective. It allows you move from the mental body into your heart space into the full beingness of self. Many now as you move into your month of May, are moving from the conceptual mind, what is in the conceptual mind into the heart space and feeling that energy shift and land in your heart space. What then transpires is the concepts evaporate and then you are being it. You are being the concept. This is transpiring for many and will continue to transpire throughout your month of May.

The question We have for you is, Where are you still living in your conceptual mind? Where you understand the concepts of what We and many are bringing you. Has it entered, moved and landed in your heart space? Then expanded and moved throughout your physical being where you are being it. Where you have a greater and deeper awareness of your behaviors, your old habits, patterns and rituals. There is a greater deepening and understanding within the physical being of your old habits, patterns, rituals and behaviors.

Therefore, when the trauma and wounding surfaces you are now in a place to utilize your tools and move through them knowing that is just your wound. What you are doing now as We mentioned to you in your month of April, you are no longer blaming and shaming the source of the wound. That source being mom and dad and blaming and shaming them for your wound.

The wound is sacred. Your wound is sacred for with that wound you have developed into the beingness of who you are now.

What has transpired in your life up to now has all be sacred. Sacred in the divine plan of your soul. From the soul perspective everything is sacred. In the human form you may not think that in your mental body. Yet, you can move about in your month of May knowing from where you have come and what has transpired in your life through your wounding has led you to a greater understanding, love and acceptance of self. This is because of the sacredness of that wound, of the various wounds that you have healed up until now.

Life is sacred. Your journey is sacred. What has transpired in your life is sacred. Open your heart space to that reality so you now can move into the depth and breadth of your heart space and move through your month of May and through the continuation of your year of 2023 and your life, in the full beingness, acceptance and love of who you are.