

Archangel Michael Speaks Channeled by Jeff Fasano

A Message for August 2025 Time for A Respite

From the Archangelic Realm of Michael this is Michael and We come to you as you are moving into your new month of August. In many ways in your month of August you can take respite. A respite from the cacophony of what is transpiring in your third dimensional realm and from what is transpiring in your life in relationship to what is transpiring in the third dimensional realm.

In many ways the first six months of your year was an accelerated period of moving within and deeper into the depth and breadth of your heart space. It was an accelerated period of gaining your sense of self that you have never realized before. An accelerated period of moving into the independence of the self. It was an accelerated period based upon what is transpiring in the third dimensional realm as you see what has transpired at an accelerated level. Thus, what has been transpiring within the depth and breadth of your heart space has also been an accelerated process as well.

Many have moved to the edge or the precipice of something and they are not quite sure what that is. As you well know you can only expand so much in your life in a certain time period. You can only move to a greater sense of expansion in your life in a specific time period.

The first six months or even seven months of your year through the month of July have been an accelerated period of expansion within because of what is transpiring in your third dimensional realm. Thus asking, how are you responding to what is transpiring in your third dimensional realm and looking at your attachments.

Life in many ways has come at you very aggressively with what is transpiring in the third dimensional realm outside of you. Many have felt the need to keep up and find ways to remain within as opposed to getting mixed up and looking for what you need from outside of you. Realizing that what is transpiring in the third dimensional realm outside of you has accelerated as well and is shifting and changing the paradigm of your earthly plain. Just as the paradigms within you have shifted and changed and continue to do so.

The first half of your year has been an accelerated period of expansion. As you move into your month of August it will be a period of time of contraction. Not so much a contraction that isolates and separates yourself from what is transpiring in your third dimensional realm and isolates and separates yourself from relationships you are having. It is more of

an energetic contraction. The only way you can process the expansion is to move into the contraction energetically. It is a period of respite and looking at what has transpired in your life. Look at the progress you have made in your life, both the outer aspects of your life and the inner aspects. Your month of August is a time to take a break from yourself and from what is transpiring in the world. Take a break from the cacophony and the illusion and the menagerie of the third dimensional realm and move within to a deeper sense of you. It is not so much about discontinuing the inner work, it just may be time to slow down a bit to reflect.

Your month of August is a month of reflection. What has transpired in the first six or seven months, the first half of the year in your third dimensional realm in your political systems, governmental systems, corporate systems has been accelerated with shifts and changes. In order for each and every one of you to respond to that, there was an inordinate amount of shifts and changes within you that you needed to go through to stay in the equilibrium of the self. Which is why We came to you in the first six months of your year speaking to you and giving you tools to use to navigate what is transpiring in the third dimensional realm based upon the soul self, the spiritual self. The self of the Christ Consciousness.

Now you can move into a period of quietness and allow the contraction. Many are beginning to feel that contraction. It is most important not to construe the contraction as isolation and separation or you don't care about what is transpiring in the world outside of you. Sometimes you just need a little break from it all but still energetically be connected to it but not attached to it.

As you move into your month of August it is simply about resting and allowing yourself to flow through life. It is about raising your resonance and awareness and consciousness of your behaviors in life in reaction in some ways, and in response in some ways to what has been transpiring in the third dimensional realm. That continues in your political, governmental and corporate systems. It also continues in relationships you are having with others. What is continuing in that area? Where have there been major shifts and changes in relationships you are having with others in the microcosm of your life? That quite possibly has taken an inordinate amount of energy within yourself to create those shifts and changes. But also becoming more malleable and accepting in your relationships outside of you.

In many ways each and every one of you, some of you, have gone through a metamorphosis within you through the acceleration period of the first half of your year. Dredging up the old, releasing the old. That takes an inordinate amount of energy to do in relationship to what is transpiring in the third dimensional realm outside of you. It as if you are being bombarded from either side, from many sides.

This is what is transpiring in the macrocosm of the third dimensional realm that is triggering feelings, emotions, trauma perhaps, old conditioning and programming within that is surfacing. And as I look at what is transpiring in the third dimensional realm I am

having feelings about what is transpiring on that level. As well, as in the microcosm of your life in relationships and what is triggering you in these relationships. What is opening up aspects of yourself in relationships. Are you becoming more authentic? Are you stating your needs and setting your boundaries? You then can see how you have moved into great expansion with this, taking on an inordinate amount of this to grow.

Now as you move into your month of August, in many ways if you so choose, you can now take a step back from all of this and move into this contraction but a conscious contraction. What We mean by this is to remain conscious of what is transpiring in the world. Maybe you might have to set boundaries within you for yourself in order to maintain the solemnness in the contraction. The reflectiveness of the contraction.

As you move into your month of August it is a time to reflect on what has transpired with you in the first half of your year and also rearing in the independence of the self We spoke to you about in your month of July.

All in all, as you move into your month of August if you so choose, step back. Step back consciously. You are not isolating or separating yourself from what is transpiring in the world outside of you. You are not isolating and separating yourself from the relationships that are transpiring in the microcosm of your life. You are simply moving into a place of contraction to reflect quite possibly and enjoy what has transpired in your life. Savor the shifts and changes that you have made in your life within you. Moving into a more independent, autonomous self as the adult. Now looking at life from the perspective of the adult.

It is time if you so choose to simply allow this period to move as it will through your month of August. Be in the flow of life. Be in the flow of your personal life. See what still is transpiring within you. It is not a time for deep introspection. It is a time to celebrate where you are in your life right now.