

Archangel Michael Speaks Channeled by Jeff Fasano

A Message for May 2026 Solidifying the Beingness of Who you Are

From the Archangelic Realm of Michael this is Michael and We come to you as you are now moving into your month of May and moving into the solidification of your process, the solidification of the beingness of who you are. Many now have moved to a place where they are fully honoring and valuing who they are. Moving into the full beingness of who they are. Releasing their attachments to the third dimensional realm outside of themselves. Meaning, releasing looking outside of themselves for validation and gratification.

When We speak about attachments this is what We speak about. Opening up to the depth and breadth of your heart space in the full beingness of self and releasing your attachments to the third dimensional realm outside of you to move into a place of a full sustaining, authentic and transparent being as the adult. So you can move on the pathway of life fully being who you are. Radiating you out into the world in a self-sustained, self-encompassing place that you have never experienced before. And as you move into your month of May, many are beginning to fully feel that. Many have released the need to prove themselves in the world outside of them. Many have released the need to look for gratification and validation outside of themselves.

What is transpiring for many now as you move into this place, your resonance and vibration shifts and changes. As We have been saying to you all long, it is about moving into the self-sustaining place of who you are. Who you are being. Without needing to look outside of you to prove yourself to others, seek validation from others outside of you and gain gratification from others outside of you.

If you have moved into and diligently did the work in your vernacular in your personal process, you are now moving into the fruition of that work. It doesn't mean that you ignore the self. Ignore the remnants of wounding and trauma that will surface from time to time. What you are now doing, as We said to you to the end of your year of 2025 moving into your year of 2026 in January, you are now beginning to close the old doorways behind you. You are now beginning to close the old doors behind you to the old you. The wounded you, the traumatic you. And utilize those tools you have gained in the personal journey of yourself. You are now moving into the fruition of the full beingness of who you are. Many are closing those doors. Many are closing those doors and locking them tight. Many continue to look over their shoulder because they are moving into a new being of self that they have never experience before. So there is trepidation out into the world.

What you are seeing shift is your relationship to the world outside of you. What you are seeing also is your relationship to others. Standing in a powerfulness of self. We explained to you in your month of April what power is. It is the powerfulness of knowing who you are and loving, honoring and valuing who you are. Many are standing firm in that place. Setting and creating new boundaries.

What is transpiring for many is a forward movement on the pathway into the unknown of the new life, the new beingness of self. With that you are feeling a new powerfulness of self and thus be able to look at your residual attachments to the third dimensional realm. What are those residual attachments that you have to the third dimensional realm? As We explained to you it is not so much about separating yourself from what is transpiring in the world outside of you. It is not so much about separating yourself from relationships that no longer resonate. It is simply about looking at it as what it is. Looking at others as where they are in their process without the need to isolate and separate yourself from them. You are simply shifting and changing that relationship. The relationship with others and making choices to see if relationships you are having with others can exist based upon where you are right now.

You are also looking at what is transpiring in the third dimensional realm outside of you and asking yourself, what is my new relationship to that based upon the newness of the self, the new powerfulness of the self.

We have asked you this many times before. Is what is transpiring in the world outside of you dictating the way in which you live your life? Or, are you fully taking responsibility for yourself, taking responsibility for your life and where you are and standing in the power of responsibility. Many are taking on new responsibilities in their life.

As you move into your month of May it is about moving into the powerfulness of the self.

If you are crossing a new threshold many are asking, What is this? Moving into extended periods of joyousness within themselves. And they may ask the question, What is this? What is this joyousness attached to? What did I do to feel this joyousness within me? It is simply a raising of your resonance and vibration. And looking at what is in your life with gratitude. Joyousness is a moment of sustaining energy where your resonance and vibration is raising and there is no attachment to it. It just is.

Many are finding that joyousness inside of themselves. An elation. A high vibrational energy that many feel in their solar plexus that is radiating outward from the physical body and they question what that is. Which brings up old trauma and old wounding quite possibly. Be in that joyousness. For it is a feeling you may never have experienced before because you were taught there were attachments to it. What did I do to deserve feeling this? As you would if you were feeling angry or sad. What did I do to deserve these feelings?

Many avoid the feeling of joyousness because it is new and it is unknown. Be in those feelings dear ones. Allow those feeling for they are just what they are. These feelings have no attachments to what is transpiring in your life outside of you. These feelings move through you and raise your resonance and vibration into the fruition of the self.

So as you move into your month of May, allow yourself to feel the feelings that are surfacing. And if you look at what they may be or what you think they are attached to, move that to the fore of your consciousness. There are no attachments. You may be stimulated outside of yourself. You are finding that organically and naturally feelings surface and you may think there are attachments to those feelings. But there aren't. You may see what is transpiring in the world outside of you that initiates or triggers those feelings. Allow that and ask yourself, what am I feeling? Many think that there is something they need to do with those feelings. I need to share these feelings with others. When you do that, you miss the moment in feeling those feelings for yourself. When something transpires in your life that is joyous, enjoy that for yourself. For you have moved through a process, a deep personal process to now being to give to yourself. Allow the moments of euphoria and joy to be there. For in many ways you have earned that in your personal process. Ask yourself if you are avoiding those feelings of joyousness? Ask yourself if you are avoiding any of the feelings that are surfacing inside of yourself. Be aware of what may trigger those feelings and be with that as well. Many are finding feelings surfacing without being triggered in the world outside of yourself. They just are. Be with that.

As you move through your month of May, this is another level of powerfulness. I am allowing the feelings that are surfacing inside of me to be there. Utilizing my tools to allow that energy to pass through me. In many ways if you are feeling any side-affects physically from that, ask yourself those questions.

So as you move gracefully through your month of May to the fruition of the beingness of the self, many are moving through the new doorways not quite sure what is on the other side of that doorway, not quite sure who they should be on the other side of that doorway. Many are walking around looking at the world outside of them as if they were a new born babe. Allow that dear ones because you are being re-born into the remembrance of who you are.