

JOURNEY OF THE AWAKENED HEART
A Message from Archangel Michael
Channeled by Jeff Fasano

March 2016 Outlook

From the Archangelic Realm of Michael this is Michael and We come to you as you now move into the third phase of your year of 2016 or your third month. You are moving in a month-by-month cycle or a phase by phase cycle in 2016. This is a phase of transition, manifestation and clarity.

Your year of 2016 will consist of twelve phases and each month will contain a specific aspect of the entire year. Your month of March will be about continuing the transition as you have gained greater clarity based upon your mission, purpose and passion in your life. In many ways you are gaining a sense of clarity as to what you need to do to bring your talents and gifts out into the world. Your month of March contains a “How To” process. Each and every one of you is gaining greater clarity of what your mission and purpose is and what is important for you to do in the world along with how you are expressing your mission and purpose to the world. You are also realizing what you can give to the world.

You are now moving to the next phase and beginning the “How To” process and gaining aspects of it to bring your mission, purpose, message, endeavors and teachings out into the world. What you have done in your first two months is begin a phase of clarity as to what your mission, purpose, message, endeavors and teachings are. Many are still finding and deciding what this is and many have come to a place where they know what the mission, endeavor, teaching is and becoming more clear with this.

Your month of March or your third phase is the beginning of the “How To” process and this coincides with the assertive energy. The energy moving in in your month of March is another round of the assertive energies from multi-dimensional realms and they are aspects of the Arcturian energy. As you begin to formulate the “How To” it will be the aspects of the assertive Arcturian energies that will allow you to pin point, refine and define the “How To” more acutely. These energies are moving into your earthly plain now in a streamlined fashion almost appearing as a laser beam of energy. They are hitting you in the physical body that will allow you to begin to connect with those who can assist, support and guide you in the “How To” process to bring your mission, endeavors and teachings to the world.

So your third month or phase of 2016 consists of the “How To” process. You may ask; How do I bring my teachings to the world? How do I bring my endeavors to the world? Where is this? How does this look to me? What is important for me in that arena? As you begin this “How To” phase you will gain greater clarification of this.

As you have now gained clarity as to what your endeavor is, what the teachings are, what the modality is, it is through the “How To” process where you will gain more clarity as you move through this phase.

As you move through each month by month or phase by phase situation in your year of 2016 you will gain a deeper level of clarity as to who you are, why you are here, and your mission and purpose in this lifetime. The clarity takes on a greater depth of meaning as you move along in each phase or month. Thus moving ever so slightly to having what you say you want.

If you have defined what you say you want and made your list, you will gain greater clarity of each aspect on your list as you move through each phase throughout the year.

This month of March is about your endeavors, and your mission and purpose in this lifetime. You can gain a greater depth of clarity as to “How To” to begin the process of bringing it to the world outside of you to support, guide and be in service to others.

This is what is happening in your Month of March coinciding with a streamlined phase of Arcturian energy that is moving in so you can begin to define and redefine the “How To” process.

Does it seem like your life is in chaos?

If it has been your intention and affirmation to move toward what you say you want the energies moving in each month in 2016 assist you in releasing that which no longer serves your highest good or raises your resonance and vibration.

If your life seems as if it is in chaos your nervous system is perceiving your life to be in chaos because you are shifting and retraining your nervous system. The ego defense wants you to remain status quo in the old so you are safe and secure, yet that is counter to what you say you want. The energies moving in are assisting you to release the old habits, patterns and rituals.

There may be wonderful and most glorious souls in your life now who have shown up to simply mirror where you are, what to shift and if it is important for you to shift. If the mirror is reflecting back to you what needs to change in your life and you are moving to a place to become in charge of your life by stating what you say you want, you may be realizing that what is transpiring in these relationships in your life now may not be consistent with what you say you want.

As you take the first step toward what you say you want, if you have identified this, look at your relationships and ask, is this consistent with what I say I want? Does it bring me joy? Or is it consistent with my old habits, patterns and rituals and is it keeping me in the old? Is it allowing me to avoid my feelings?

You are reaching critical mass in your life and what is transpiring in relationships and other aspects of your life may no longer be consistent with what you say you want. You have now reached a point where you have gained greater clarity as to what you say you want, and you are realizing that what is transpiring in your life is not consistent with that. The next step then is to change it.

What you are changing is not the relationship, you are changing the relationship you are having with yourself. Thus you are moving to a place of loving, honoring and valuing yourself more deeply. However your nervous system is used to drama and chaos. Though you may think your life is in chaos, your life is actually in order because what you are releasing is consistent to bring in what you say you want.

The Arcturian energy moving in is an assertive masculine energy that will allow you to direct your will for life outside of you to begin to have what you say you want as opposed to preparing for it. You have been preparing but now more cognizant of what you say you want and gaining a greater sense of clarity by being in the present moment of now. Being in the present moment of now and with what is in your life allows you to open your heart to receive the clarity to allow your divine plan to take its course. All the while you are in charge of what you say you want and with your heart open allowing yourself to move through the feelings associated with what you say you want.

As your year of 2016 is a movement forward on a month by month basis or phase by phase, you can write down what transpires in each phase.

Integration

Integration is now happening instantaneously. Since you have moved through your personal process and opened to a greater depth of who you are, and if you are allowing yourself to be present in the present moment as clarity comes and the knowingness comes, the integration will be instantaneous. It is not about integrating the clarity, it is instantaneous because you are open and available in the present moment to receive it. When you are open to receive the clarity the integration is instantaneous and you then move into the knowingness of it that is etched in your soul's divine plan.

When you receive the clarity move within and ask, how does this make me feel?

It is no longer about drama surrounding clarity that will compel you to make a shift, a change and a choice. It is simply about gaining clarity in your heart space that is connecting to a knowingness. What is becoming more clear is your knowingness. If you look at the life you say you want and know it in your heart space and feel it, you are connecting to what is in your soul's divine plan. Then it is a process of moving toward it and having it. Yet in that process you are releasing the old around you that keeps the old habits, patterns and rituals in place that are based upon avoiding the feelings.

If you are in the present moment of now and allow your heart space to remain open and in the knowing of what you say you want, you are more available to have what you say you want. You are also then available to see what is transpiring in your life that is not consistent with what you say you want. When you see what isn't consistent with what you say you want you then are faced with a choice. Do I release what isn't consistent with what I say I want or do I continue with that relationship perhaps because that relationship is based upon avoiding my feelings and holding me the old in place?

You can look at your relationship to everything and ask, are these relationships consistent with what I say I want?

As you move through the monthly phase of 2016 within each phase are other phases where each step will lead to a greater level of clarity of what you say you want. You are now moving through the phase to begin the "How To".

All this will be happening quickly and why the integration is instantaneous. It is as if you are turning on a switch that says, Ah Ha, I have just gained that clarity.

The clarity is not in your mental body, the clarity and knowingness is in your heart space. What you say you want lies in your heart space.

Move now into your heart space and allow yourself to feel what you are feeling. Give yourself the freedom to be exactly where you are but keep handy the list that contains what you say you want. Keep that list in front of you, look at your life outside of you and ask, is that life or aspects of it consistent with what I say I want? This can be your barometer as to where you are and where it is important to move to.