

# **Archangel Michael Speaks**

## **Channeled by Jeff Fasano**

### **THE POWER OF GENTLENESS**

From the Archangelic Realm of Michael this is Michael

We welcome you now at this wonderful and most glorious time and come to speak to you about gentleness, being gentle with yourself by accepting with compassion where you are in your life. Many of you may be expanding to points where you had never thought you would, not so much in the physical world by moving toward great things, but within yourself by moving toward a greater depth and awareness of “self”. You have found a greater depth of meaning, value and purpose within and ready to stand in your power.

Many of you are expanding greatly in your life to where you have broken through the old and now come to where you may be experiencing contraction. However even at this place, you think that you must still forge on forward into life.

We ask you to become “present with the present”. This is place where you can become conscious and aware of where you are at all times, thus consciously being present.

Many of you have taken broad steps and now come to where it just may be time for you to take a step back and become gentle and more accepting with compassion with where you are in your life. It is time to “ease up” and be gentle with yourself and acknowledge what you have accomplished so far in your life.

Within this gentleness you may come to a place of contemplation.

When being present with the present, you expose yourself to yourself and others as well. In doing so you may feel a bit vulnerable and overwhelmed in that moment. Some of you are still looking to move forward “with a vengeance” so to speak.

What you find by moving within and becoming present with the present is the freedom to be you. Many of you may be encountering core wounding, it has become present as you become present and you may not sure what to do now. Judgment and shame may be surfacing. Know that no one outside of you has shamed or judged you, the feelings exist in you.

You may be moving within “in contraction” and looking for a safe. This can lead you to acceptance, compassion and gentleness with yourself.

As you contract you might possibly feel as if you are powerless.

You ask, “If I am not being assertive and in a quiet place I feel alone.”

You are now moving into a place called “aloneness”.

In becoming present with the present you become present with many wonderful and glorious souls outside of you. In becoming present and conscious in the moment you may reach a point where much of what is transpiring outside of you might not make sense nor have meaning, value and purpose any longer and perhaps you may have become disillusioned.

What you are doing is looking at yourself with a deeper meaning, value and purpose.

You find now that you are coming to a new way of personifying and identifying yourself that is not through what is outside of yourself any longer. Yet you are not quite sure what you are identifying yourself with because you have realized that the reference point for your identification is no longer outside of yourself.

You are seeing the illusions in the world outside of you. You also see how you may have wanted to “fit in out there” and know you can no longer do this.

So you may have retreated and contracted to a place that does not feel comfortable yet know that you must be in the “aloneness”.

Many of you are now beginning to redefine and refine your life where meaning, value and purpose of it is concerned.

Some may be feeling disillusioned and overwhelmed because you are shifting from looking outside of yourself to get something to moving within and into “aloneness”. Many of you feel as if you now have to “figure all of this out” all over again.

As you move to a place of quietness, you may be wondering why you are not feeling assertive. It is time to move into the power of gentleness.

Many of you now are feeling something that is much deeper than you have ever felt before. Something is brewing beneath the surface and you are not sure what that is.

Many of you are asking now,

What is my purpose?

What am I doing?

What is my passion?

Where do I want to give?

Many may not be sure of this because you found the illusions you have been carrying and where you have given away your power. You now realize that you are the source and creator.

In this place of “aloneness” feelings are surfacing. You have realized you don’t “fit in” any longer out there. So Our question to you is,

How do you feel about this and what are your feelings?

You also may be asking these questions:

Where do I fit in?

Who am I?

What am I doing?

You see the illusions in the world and it doesn't make any sense and may ask, what do I need to do?

And state,

You may be in a place of disillusionment and feel as if you are floating with nowhere to go and moving somewhere yet don't know where.

In this place of gentleness, being quiet, and alone you may not be sure what to do.

Many are used to constantly being assertive and have associated power with assertiveness. Thinking that if you are being assertive you are powerful.

There is some truth to this but learning to be gentle and alone and honor where you are, will allow you to understand that there is a power in this as well.

Stand in the power of gentleness and in your uniqueness as well.

You have found your individuality and that you do not "fit in" with the herd as the herd is doing something else all together.

You may have come to realize that you don't fit in anywhere, perhaps with your soul group and your soul family. You may see how you used that to perpetuate herd mentality and this might be a surprise to you.

It is time to move into gentleness and acceptance of where you are and be you.

Be with what is surfacing from the core of your defense. Fitting in with the herd no longer exists for you even when it comes to your soul family and soul group.