

Archangel Michael Speaks

Channeled by Jeff Fasano

A Message for November 2022

A Month for Reflection

From the Archangelic Realm of Michael this is Michael and We come to you as you are moving into new parameters in your life and new depths of life. Opening up to the greatness and wonderfulness of life. Moving into a greater depth of your heart space and seeing the blockages within the physical body. See all the parameters of the physical body and what is happening within the physical body as you open up to a greater depth of your new heart space, the newness of the heart space. Opening up to honoring and valuing you more deeply. You are opening up to aspects of your life that may be hindering the momentum forward and towards the life you say you want.

It is now about opening up to nurturing. Nurturing the self, the body, the mind, the spirit, the heart space as you move into and through your month of November and come to the end of your year of 2022. As you move into the month of November, this is a month of thankfulness and gratitude. Gratitude for those in your life and the relationships you are having with others and opening up to this in a deeper way. Or quite possibly there are aspects of your heart space that are closed off where there is armor surrounding it pushing away those who are absolutely honoring and valuing your beingness in this incarnation.

It is now about being thankful. Thankful for those around you, for what you have in your life, for what is in your life and having that gratitude for what is in your life. Yet, conversely seeing where you may be stuck in your life and where it is a challenge for you to see what is transpiring in your life and being thankful and grateful for what it is in your life as opposed to constantly looking at what isn't in your life.

As you move into your month of November you can move into a place of recapitulation of what has transpired in your life in 2022. Look at what has transpired in 2022 and perhaps make a list of what has transpired and see what you are grateful and thankful for. See who you are grateful and thankful for who supports your highest good. Also look at the relationships where you are trying to get others to support your highest good but that is fruitless.

It is most important as you move into your month of November to move into your heart space. Open your heart space to those around you who honor and value you, support and guide you and where that has been consistent. We ask you to look at your consistency in life. Are you consistent in relationships in your life? And who are those with whom you are in relationship with who are consistent with you?

As you move towards the end of your year of 2022 it is about recultivating relationships with those who have been consistent in your life, who honor and value you and mirror that back to you. Then see what may be transpiring within you where you may be holding yourself in isolation and separation from others to remaining in the old aspects of safety and security. I am safe isolating and separating myself. It is most important as you move into your month of November to see this and honor this and to honor exactly where you are.

We come to you at this wonderful and most glorious time to remind you of where you are in this moment in time, to look at where you are at this moment in time and honoring and valuing where you are. And do this so you can open up the depth and breadth of your heart space and look at what you are grateful for. Look at what is in your life. Look at situations in your life where those who honor and value you have shown up in your life to support and honor you.

It is now important to look at relationships. Looking at the relationship you are having with yourself and also looking at the relationships you are having with others and seeing where that support is. Seeing where the community, equality is in the relationships. Seeing where these relationships are equal with the balance of giving and receiving. We also ask you to see where there is a balance of giving and receiving in your life as a whole. Look at where you are giving and receiving with others. Look to see where there is an imbalance of giving and receiving in your life. Are you giving inordinately or are you not receiving or are you having a challenge of receiving? Where do you have a challenge of receiving love? Is there a fear of receiving love? If you open your heart to receive love you may feel vulnerable so it may be easier to not receive love or just a little bit of love because you then will be able to avoid certain feelings in your life that you are frightened to feel, feeling vulnerable for example. We ask you to look at this and see the feelings you may be avoiding.

Look to see what is transpiring in your physical, mental, emotional and spiritual body as you move into and through your month of November into your month of December. And We also ask you to look out into the third dimensional realm at what is transpiring there. See what serves you and what no longer serves you. See also if what is transpiring in the third dimensional realm is directly affecting you and your life. Is what is transpiring in the third dimensional realm outside of you dictating the life you lead? We have asked you this before.

As you move through your month of November simply reflect. Use this month as a time of reflection. A reflection of where you are, a reflection of relationships with those outside of you, with those that support and raise your resonance and vibration as opposed to lowering it. Open up to the grandness and greatness of self. Look at the physical body and what is transpiring there. Look at the mental body to see that is transpiring there. Move into the soul space. Are you living your life from a soul perspective where everything that

is transpiring in your life is perfect in the soul perspective in your soul plan. Each and every one of you is living that soul plan.

Open up your heart space and reflect on what is transpiring in your life right now. Reflect on the relationships, on what you are grateful for and what is in your life and see if you are still looking at what isn't in your life. As you move into your month of November it is most important to move into this place of reflection of honoring and valuing the self. Are you honoring and valuing your self? Are you nurturing your self? It is most important as you move through this period of time to bring in that wounded child and all those children that are feeling feelings that they have never felt before and see where you are suppressing and repressing those feelings.

It is also important as you move through your month of November to reflect on the grandness, greatness and wonderfulness of life and look at what is in your life. If you can, look at the glass as half full. Look at the relationships that support and guide you. Look at the consistency of these relationships and who is consistent in your life, who is always there and is there when you need those wonderful and most glorious souls. Those who fully support and guide you along the pathway in this incarnation in the human form.